## 49<sup>th</sup> Annual Parkette Invitational

| Thursday, January 26, 2023                      | Friday, January 27, 2023                                  | Saturday, January 28, 2023                            | Sunday, January 29, 2023                                |
|-------------------------------------------------|-----------------------------------------------------------|-------------------------------------------------------|---------------------------------------------------------|
| Level 6 (Capital Cup)                           | Level 9 (Capital Cup)                                     | Xcel Bronze (Modified Traditional)                    | Xcel Gold (Modified Traditional)                        |
| 7:30am Registration                             | 7:30am Registration                                       | 7:30am Registration                                   | 7:30am Registration                                     |
| 8:00am Open Stretch                             | 8:00am Open Stretch                                       | 8:00am Open Stretch                                   | 8:00am Open Stretch                                     |
| 8:20am Timed Warm Up                            | 8:20am Timed Warm up                                      | 8:20am March In                                       | 8:20amMarch In                                          |
| 11:25am Awards                                  | 11:15am Awards                                            | 10:00am Awards                                        | 10:50am Awards                                          |
| BRAG, Hershey Aerials, Indigo, Legacy, Novaks,  | ENA, Envision, Go for Gold, North Stars, Premier,         | Astro, Spartan, Twisters                              | ASAP, Astro, Barnstormers, EMG Eagles, North Stars,     |
| Parkettes                                       | Spartan, United Sports, World Class                       |                                                       | Parkettes, Spartan, Twisters, Wyoming Valley            |
| Level 6/7 (Capital Cup)                         | Level 9 (Capital Cup)                                     | Level Open (Capital Cup)                              | Level 8 (Capital Cup)                                   |
| 10:45am Registration                            | 10:45am Registration                                      | 9:00am Registration                                   | 9:50am Registration                                     |
| 11:15am Open Stretch                            | 11:15am Open Stretch                                      | 9:30am Open Stretch                                   | 10:20am Open Stretch                                    |
| 11:35am Timed Warm Up                           | 11:35am Timed Warm up                                     | 9:50am Timed Warm up                                  | 10:40am Timed Warm-up                                   |
| 2:30pm Awards                                   | 2:30pm Awards                                             | 1:50pm Awards                                         | 2:20pm Awards                                           |
| Go For Gold, LI Elite, Mr. Todd's, North Stars, | BRAG, Docksiders, EMG Eagles, LI Elite, Mr. Todd's,       | Hills, North Stars, Parkettes, Team Nova Scotia,      | Envision, Off Limits, LI Elite, Novaks, Parkettes,      |
| Premier, Spartan, Stick it Gymnastics           | Northeast, Novaks, Off Limits, Parkettes, Unique, United  | United                                                | Premier                                                 |
| Level 7 (Capital Cup)                           | Xcel Platinum and Diamond (Capital Cup)                   | Level Open (Capital Cup)                              | Level 8 (Capital Cup)                                   |
| 1:50pm Registration                             | 2:00pm Registration                                       | 1:10pm Registration                                   | 1:50pm Registration                                     |
| 2:20pm Open Stretch                             | 2:30pm Open Stretch                                       | 1:40pm Open Stretch                                   | 2:20pm Open Stretch                                     |
| 2:40pm Timed Warm Up                            | 2:50pm Time Warm Up                                       | 2:00pm Timed Warm up                                  | 2:40pm Timed Warm-up                                    |
| 5:35pm Awards                                   | 5:40pm Awards                                             | 6:00pm Awards                                         | 5:30pm Awards                                           |
| Go For Gold, Mr. Todd's, Northeast, Parkettes,  | Astro, EMG Eagles, North Stars, Parkettes, Premier,       | BRAG, Docksiders, EMG Eagles, ENA, Envision, GO       | Hills, Majesty Elite, North Stars, Spartan, World Class |
| Premier, Spartan, Twisters                      | Spartan, Twisters, Wyoming Valley                         | For Gold, LI Elite, Novaks, Off Limits, Parkettes,    |                                                         |
|                                                 |                                                           | Premier, Tumble Bee, Hanover, World Class             |                                                         |
| Level 4 & 5 (Capital Cup)                       | Level 3 and Xcel Silver (Capital Cup)                     | Level Open (Traditional)                              | Level 8 (Capital Cup)                                   |
| 4:55pm Registration                             | 5:10pm Registration                                       | 5:10pm Registration                                   | 5:00pm Registration                                     |
| 5:25pm Open Stretch                             | 5:40pm Open Stretch                                       | 5:40pm Open Stretch                                   | 5:30pm Open Stretch                                     |
| 5:45pm Timed Warm up                            | 6:00pm Timed Warm up                                      | 6:10pm Timed Warm up                                  | 5:50pm Timed Warm-up                                    |
| 9:45pm Awards                                   | 9:15pm Awards                                             | 7:45 Competition Begins                               | 8:25pm Awards                                           |
| BRAG, Legacy, LI Elite, North Stars, Northeast, | ASAP, BRAG, EMG Eagles, LI Elite, North Stars, Northeast, | 9:55pm Awards                                         | BRAG, Docksiders, ENA, Go for Gold, Indigo, Legacy,     |
| Novaks, Parkettes, Premier, Spartan, US Gym     | Parkettes, Spartan, Twisters, US Gym, Wyoming Valley      | Parkettes (1), Parkettes (2), North Stars, Northeast, | Mr. Todd's Northeast, Unique                            |
|                                                 | <u> </u>                                                  | World Class, United Sports, Hills, Docksiders         |                                                         |

1/23/2023 FINAL